

COMBINED ATHLETICS CHAMPIONSHIPS

Wednesday 11 September 2024

Lakeside Stadium, Albert Park

ARRANGEMENTS

Adhering to the information below will help reduce issues arising on event day

GENERAL INFORMATION

1. ENTRY TO GROUND

The Lakeside Stadium Athletics facility is located on Albert Drive/ Aughtie Drive, Albert Park. All competitors, staff and spectators are to enter via Gate 1 on the North stand side of the facility (refer where 'Kiosk' is listed on the attached map). Competitors are to walk around the track and find their allocated area in the main grandstand. Spectator seating will be in the North stand.

Gates will be open from 7:45 a.m. Schools are asked not to enter prior to this time.

2. PARKING

Cars:

- Invited Officials, School Principals and Sport Coordinators will be provided with parking permits for the day.
- Staff and general public can find parking in metered parking spaces available off Aughtie Drive, Albert Road, Aquatic Drive in MSAC, on Canterbury Road or in surrounding streets (all at own risk and cost).

Buses:

- Drop off zone on Albert Road Dve. near MAIN ENTRY/KIOSK (Gate 1) North stand side
- If required, buses can stand on Canterbury Rd or Lakeside Car Park

3. FIRST AID

First Aid room will be located under the main grandstand with access to and from the track via the ramp (halfway down the home straight). First Aid attendants will be identifiable and be located trackside when not attending to competitors.

4. FIELD EVENT LOCATIONS

- | | |
|-------------|---|
| High Jump | - Pit A (closest to finish line) |
| | - Pit B (nearest back straight) |
| Long Jump | - Back straight (northern stand side, east end) |
| Triple Jump | - Back straight (northern stand side, west end) |
| Discus | - Main Arena infield, high jump end |
| Shot Put | - Western end of warm up area (outside main arena, behind northern stand) |

5. PROGRAMS

The 2024 AGSV program will be available online at the following link - <https://www.agsvsport.com.au/our-events/athletics/>

6. SEATING

Schools have been allocated seating in the main grandstand (home straight side). **Refer seating plan provided** <https://www.agsvsport.com.au/our-events/athletics/>

IT IS IMPORTANT THAT SCHOOLS SIT IN THEIR ALLOCATED AREA. Spectator seating will be available in the North stand.

Note: The venue lacks shelter from the wind. Everyone involved should plan for a high wind chill factor. All competitors, officials and spectators are advised to wear numerous layers of clothing, pack gloves and blankets to keep warm throughout the day.

7. CODE of CONDUCT

***Each school to allocate staff members who are responsible for managing Items 7 & 8 (all day).**

- **Behavior:** Schools are individually responsible for student behavior at the venue. **This includes the High Jump mat located outside the arena in the warmup area (green surface).* **Staff must be appointed** to supervise their students (team members and spectators) in **all areas of the venue.**
- **Spectators/ Cheer Squads** are required to:
 - Observe **absolute silence** at the start of events and during announcements
 - Never throw any objects
 - Not stand on seats at any time
 - **NOT USE ANY FORM OF MUSICAL INSTRUMENT or WHISTLE (ALL STRICTLY PROHIBITED).**
- **Alcohol:** consumption of or bringing alcohol into the facility is strictly prohibited.
- **Cleanliness:** Schools must accept responsibility for the tidiness of their area, with a clean-up to be organized at the end of the program.

8. WHO IS PERMITTED ON THE ARENA?

The arena is strictly out of bounds to parents, friends, Staff in Charge of Athletics, and all team coaches, etc. During the program, the only people permitted on the arena are:

1. the nominated Arena Stewards
2. Officials
3. competitors who are currently competing / are about to compete. Competitors must leave the arena immediately after their event has finished.
4. Official school Photographers (must be wearing an official AGSV vest).

Members of the winning team **MUST NOT** enter the arena for celebrations until the announcements and presentations have concluded.

9. PHOTOGRAPHERS

Schools may provide a **maximum of two** photographers. Photographers must sign in at the start of the day (central tent, track side) and wear the AGSV photographer vest, at all times throughout the program.

The venue has a mandatory requirement for allocated photographers (other than personal use) to have completed and returned a photography 'Authorisation form' (as provided by AGSV) before the day of the event. AGSV will collate and forward these to Lakeside Stadium.

10. KIOSK

The Kiosk, located at the main entrance, will be open between 9:00am-4:00pm. Individuals can bring their own food. Competitors are **NOT** to take food or drink onto or near any competition arena.

INFORMATION FOR OFFICIALS

11. SCHOOL OFFICIALS

Prior to event day, school allocated Officials are to learn all requirements of the role they will perform via the information provided in this link:

<https://www.agsvsport.com.au/sports/athletics/agsv-athletics-officials-instructions/>

At the start of their allocated shift, Officials are required to report to the following people:

- Field events: Chief Official (of your individual event)
- Track Judges & Timekeepers: Chief Track Judge (judges stand at finish line)
- Track Umpires Chief Track Umpire (AV at finish line)
- Hurdles Marshalls / Relay Marshalls: Troy Rowe
- Arena & Uniform Stewards: AGSV Staff (infield tent)
- Results Room Officials: Meet in the Upstairs Results Room

12. STUDENT OFFICIALS

Schools who have been requested to provide student assistants are asked to select them carefully. These helpers need to be conscientious, reliable, and happy to help.

Instructions for Student Officials will be sent to Sport Coordinators prior to the event. Please brief Student Officials regarding their role prior to the day.

On the day of the event, Student Officials will be required to report to the following prior to the start of their shift:

- Field events: Chief Official (of their allocated event)
- Assistants to the AGSV: Meet in the Upstairs Results Room
- Starters Assistant: Assistant Starter
- Hurdles Assistants: Hurdles Marshalls
- Results Room Officials: Meet in the Upstairs Results Room

13. LUNCH, TEA/COFFE

Lunch will be available between 12.00 & 2.00 p.m. for staff who have been nominated by Sport Coordinators (those working all day, Principals). The AGSV will supply ten (10) complimentary lunches per school. Lunches will be distributed to Officials and self-serve tea and coffee will be available all day in the **'Presidents Room'** located upstairs in the Bob Jane (Southern) stand for nominated staff.

14. POST EVENT REFRESHMENTS

A complimentary function will be held in the **'Function Room'** located upstairs in the Bob Jane stand at the conclusion of the program. Sports Coordinators to invite staff who have worked all day to attend (Heads/Principals, Sports Coordinators, Officials, Staff -in-Charge of Athletics and other guests of the AGSV Sports Coordinator's Committee). RSVPs requested.

INFORMATION FOR TEAM MANAGERS / COACHES

*Please refer to the “AGSV Athletics Regulations” for key information (refer Appendix A below).

In addition, the following information is also provided to assist coaches and team managers:

15. WARM UP

Field events commence at 9.00 a.m. Track events commence at 9.15 a.m. Warming up will be permitted on the full track up until 9.00 a.m. School groups must not occupy more than two lanes or use the Long Jump and Triple Jump runways.

The purpose built warm up area outside the Northern stand can be used throughout the day.

16. COACHING

Competitors may consult their coach, but this coach MUST be located beyond the fence/ boundary of the track.

17. PROCEDURE FOR PROTESTS etc.

Schools are reminded that where a team coach wishes to register a query or complaint are to do so through their Sports Coordinator. The matter will be considered and may then be passed on to the Event Manager to consult with the Referee.

18. TEAM CHANGES

All last-minute changes to teams are to be written on the change of competitor form (copy multiple sheets to take). These are to be submitted to the Results Room located upstairs in the main grandstand by **8:45 a.m.** Where team changes are necessary throughout the day, forms are to be submitted to the Results Room, **as soon as possible.**

19. FOOTWEAR

Competitors in all events should be aware of spikes dimensions. The rules state the following are not exceeded:

- (a) 9mm: Running events
- (b) 12mm: High Jump

Footwear for Shot Put and Discus: Competitors in these events must wear track shoes (no spikes).

20. DISTANCE EVENTS

- (a) Competitors in longer distance track events (longer than 400m) are reminded that they must not cut in until they are **at least two metres** in front of their opponent. **ANY BREACH OF THIS RULE MAY RESULT IN DISQUALIFICATION.**
- (b) Schools are reminded that the 800m and 4 x 400m events will be started in lanes. Runners must remain in their lanes until they reach the merging point at the top of the back straight. It is important schools make sure runners are made aware of these regulations. Unfortunately, unnecessary disqualifications occur too often due to breach of this rule.
- (c) **Boys 3000m Open Event**
Competitors will be issued with hip numbers to wear prior to the start (**to be pinned on the Right hip**).

3000m Start - this will involve a staggered start with six (6) schools starting from Lanes 1-4 at the 200 metres start line and the other three (3) from Lanes 5-8.

Cones will mark Lane 5 and runners may converge after completing the first 100 metres.

3000m Finish - to avoid confusion at the finish, a line of cones will be placed along the **third lane** of the home straight. Runners finishing the race should run outside these cones (run wide), whilst those with more laps to run will continue in lanes 1 or 2.

- (d) **Boys 1500m events (Under 13, 14, 15 and 16)**
Competitors will be issued with hip numbers prior to the start **(to be pinned on the Right hip)**.
- (e) **Boys 800m events and fourth runner in the 4 x 800 metres relay**
Competitors will be issued with hip numbers prior to the start **(to be pinned on the Right hip)**.
- (f) **Girls 1500m events**
Competitors will be issued with hip numbers prior to the start **(to be pinned on the Right hip)**. In addition, Girls in the younger age of the two age groups will wear a green arm band which will be provided before the start.
- (g) **Girls 800m events**
Competitors will be issued with hip numbers prior to the start **(to be pinned on the Right hip)**.

21. RELAYS

- (a) **Rules**
Members of Relay teams should be fully aware of the rules for relay events as no instructions will be given by Officials, unless asked for. The Relay Stewards in charge of each lane have been instructed to only point out the extremities of the change-over box and the red 10 metre 'fly' mark.

Only 'BluTack' can be used for marking the track. *The use of Adhesive Tape and chalk is now prohibited at this venue.
- (b) **Batons**
All batons used at Elimination Heats and Championships will be supplied by the AGSV.
- (c) **4 x 400m Relays**
The first 500 metres of this event is run in lanes (this of course includes the first baton change). Thereafter the outgoing runners line up in order from the inside of the track depending upon the position in the field of their incoming team mate. The fourth runner in each team will be issued with a hip number at the start.

2024

APPENDIX A

ATHLETICS REGULATIONS

(a) The Combined Athletics Sports Meetings will be held in September at the most appropriate available venue as decided by the Sports Coordinator's Committee. All arrangements will be organised by the Sports Coordinators' Committee.

(b) Age groupings for boys and girls are taken as at 30th June.

(c) **EVENT LIMITS:**

Boys may compete in a maximum of **four events (including relays)**.

No boy may compete in the same event in more than one age group.

Girls may compete in a maximum of **four individual** (includes 4x400m) and **one 4x100m relay event**. No girl may compete in the same event in more than one age group.

(d) **Events conducted are as follows:**

In all Age Groups

Track Events - 100 metres; 200 metres; 400 metres; 800 metres; 1500 metres and Hurdles

Relay - 4 x 100 metres.

Field Events - High Jump; Long Jump; Triple Jump; Shot Put and Discus.

Additional Open Events

Boys 3000 metres (teams and individual), Boys 4 x 800 metres and 4 x 400 metres (boys and girls)

Discus weights (kg)	Boys	Girls
Open, Under 17	1.5	1.0 (all age groups)
Under 16, 15, 14, 13	1.0	

Shot Put weights (kg)	Boys	Girls
Open, U17	5.0	3.0 (all age groups)
Under 16, 15	4.0	
Under 14, 13	3.0	

High Jump starting heights (metres)	Boys	Girls
Open	1.50	1.15
U17	1.45	1.15
U16	1.40	1.10
U15	1.35	1.05
U14	1.25	1.00
U13	1.20	1.00

(e) **Hurdles details**

	Race distance metres	Height cm	Flights	Interval metres	Approach metres	Finish metres
Boys						
Open, U17	110	92	10	9.14	13.72	14.02
Under 16,15	100	84	10	8.5	13.00	10.50
Under 14	90	76	9	8.0	13.00	13.00
Under 13	80	76	9	7.0	12.00	12.00
Girls						
Open, U17	100	76	10	8.5	13.00	10.50
Under 16,15	90	76	9	8.0	13.00	13.00
Under 14,13	80	76	9	7.0	12.00	12.00

(f) **Qualification Heats**

Due to the limited number of lanes for circular events, heats will be necessary to determine ninth place in all 200m; 400m; 4 x 100m and 4 x 400m events. Where heats have been necessary, **no points** will be awarded to a school that does not field a team or competitor, fails to finish, or is disqualified in the Qualification heats.

(g) **Scoring**

Where heats have not been necessary, no points will be awarded to a school that does not field a team or competitor, fails to finish, is disqualified. However, in events where Qualifying heats were held, schools which do not field a team or competitor, are disqualified, or fail to finish **on the day of the championship**, will revert to last position of those remaining in the event with points awarded accordingly. *As per (f), no points are awarded to a school that does not field a team or competitor, fails to finish, or is disqualified. Those who do not qualify will be placed 9th.

In Field events, where a competitor fails to register a successful attempt (i.e. three fouls) no points will be awarded.

Boys

1st 9; 2nd 8; 3rd 7; 4th 6; 5th 5; 6th 4; 7th 3; 8th 2; 9th 1

Girls

1st 6; 2nd 5; 3rd 4; 4th 3; 5th 2; 6th 1

(h) **Uniform**

Stewards will insist that all competitors wear their team uniform as nominated by the school.

- Participants in Field games are **not** permitted to compete in tracksuits
- Socks, if worn, are to be predominantly white or black or school sport socks
- T-shirts **are not** to be worn beneath school uniforms
- **Caps are not permitted** while competing
- Basketball or numbered singlets **are not** permitted to be worn
- Compression garments can be worn, but **must** be skin coloured, black or predominantly match the colour of the school's athletics shorts. These shorts **can be above or below knee length** and should display minimal branding
- Shorts **are to be worn over all compression garments**, unless nominated as part of the school's athletics uniform

- (i) Competitors are **not permitted** to use paint on their face/body or display 'body art' (eg. school names or slogans) at any time throughout the event.

(j) **Reporting for Events**

- Competitors in all Track events (other than 4 x 100 metres Relays) should report to the Assistant Starter **ten minutes before** the starting time of their event. It is entirely the responsibility of each school to see that competitors report to the marshaling area in good time.
- In the case of the 4 x 100 metres Relays, competitors will be called to report to the Relay Marshal in the fenced area near the finish line at appropriate intervals.
- Competitors in Field events will be allowed on the arena 5 minutes before the starting time of their event (or as soon as the previous event in that area is concluded), to measure run-ups etc. They must provide their own tapes for this purpose. They must complete their preparation and be ready to compete by the starting time of the event, unless the previous event is running overtime.
- If a student is competing in two events which are close together on the program, he/she should report to the official for both events, then make their way to the earlier event. **Where a competitor fails to report in prior to the commencement of any field event, he/she will forfeit any jumps or throws missed and will not be permitted to have practice throws or run-ups.** Where a competitor has reported correctly prior to the event and subsequently left, he/she will be allowed to return, measure, have two practice run-ups where necessary, and have a full quota of jumps or throws. **THE COMPETITOR MUST RETURN NO LATER THAN 5 MINUTES PRIOR TO THE COMMENCEMENT OF THE NEXT FIELD EVENT IN ORDER TO COMPLETE THEIR ATTEMPTS.** In the High Jump, if the athlete is not present when called to jump, s/he will be considered to have 'passed' at that height.

(k) **Teams Events (Boys only)**

The 3,000 metres Open (3 competitors) and 1,500 metres Under 16, 15, 14 and 13 (2 competitors) are conducted as team events. Points will be awarded to schools for their overall placing. The finishing positions of the runners for

each school with the lowest total will be awarded first place, second lowest second place, and so on, down to ninth position.

If a tie occurs in 1,500 metres team events, the school whose best runner was placed higher shall be placed above the other tied school. If a competitor fails to finish or is disqualified, his school will be placed behind the schools whose full complement of runners completed the race. Points will also be awarded in the Open 3000 metres for the first finisher from each school i.e. it will carry double points.

(l) **Field Events**

Competitors in **Long and Triple Jumps, Shot Put and Discus** will be permitted **three (3)** attempts.

High Jump

Schools are reminded that;

- (a) the bar will be raised by 5cm for all competitors for each new height, until four (4) boys and three (3) girls, or fewer remain. Thereafter, the bar will be raised by 2cm increments.
- (b) time limits on competitors will be enforced where required (refer 'Instructions for High Jump Officials' for time limits).

(m) **Starting**

The crouch start must be used for all events up to and including 400 metres. Athletes using starting blocks are not permitted to have someone stand on their blocks to stabilise them.

The IAAF false start rule **will not** be implemented. The rule allowing one false start will be maintained.

(n) **Finishing**

Athletes should be strongly discouraged from theatrical displays of arrogance or petulance before or after crossing the finish line. **An athlete who throws the relay baton after finishing, is liable to disqualification.**

(o) **Equipment**

The shots, discus and relay batons supplied, must be used. Competitors may bring their own starting blocks.