

GIRLS ATHLETICS RECORDS

Open

100 metres	12.30 sec. - Kathryn Illingworth (Yarra Valley) 2002
200 metres	25.61 sec. - Alexia Loizou (Peninsula) 2016
400 metres	57.29 sec. - Claudia Hollingsworth (Mentone) 2022
800 metres	2 min. 08.73 sec. - Claudia Hollingsworth (Mentone) 2022
1500 metres	4 min. 37.25 sec. - Claudia Hollingsworth (Mentone) 2022
100 metres Hurdles	14.49 sec. - Nicole Reynolds (Yarra Valley) 2016
4 x 100 m Relay	51.03 sec. - Peninsula 2008 (E. Wright, N. Bruerton, C. Burmeister, L. Dunsford)
4 x 400m Rely	4 min. 07.74 sec. - Mentone Grammar 2019 (C. Hollingsworth, A. Becker, E. McCarthy, R. Spence)
High Jump	1.70 metres - Leah Alexander (Penleigh & Essendon) 1999
Long Jump	5.19 metres - Ashley Van Rooyen (Mentone) 2022
Triple Jump	11.51 metres - Neha Liyanage (Yarra Valley) 2022
Discus	39.56 metres - Birgitta Nemaric (Peninsula) 2009
Shot Put	12.64 metres - Tahnysha Salanoa (Ivanhoe) 2017 (3kg)

Under 17

100 metres	11.97 sec. - Alexia Loizou (Peninsula) 2014
200 metres	25.20 sec. - Alexia Loizou (Peninsula) 2014
400 metres	57.59 sec. - Alexia Loizou (Peninsula) 2014
800 metres	2 min. 16.82 sec. - Kaitlyn Egan (Peninsula) 2011
1500 metres	4 min. 43.79 sec. - Linden Hall (Penleigh and Essendon) 2006
100 metres Hurdles	14.47 sec. - Shakira Harding (Yarra Valley) 2024
4 x 100 m Relay	51.16 sec. - Penleigh & Essendon 2019 (R. Bain, I. Tahseen, B. West, N. Williams)
High Jump	1.70 metres - Veronica Kirby (Yarra Valley) 2005
Long Jump	5.31 metres - Anna Deery (Penleigh & Essendon) 1995
Triple Jump	11.65 metres - Alessia Wynne (Ivanhoe) 2019
Discus	51.57 metres - Sierra Keily (Ivanhoe) 2024
Shot Put	14.25 metres - Emily Ryan (Mentone) 2019

Under 16

100 metres	12.29 sec. - Alexia Loizou (Peninsula) 2013
200 metres	25.21 sec. - Alessia Wynne (Ivanhoe) 2019
400 metres	58.52 sec. - Renee Doggett (Yarra Valley) 2011
800 metres	2 min. 17.02 sec. - Linden Hall (Penleigh and Essendon) 2006
1500 metres	4 min. 47.14 sec. - Leigh Roux (Ivanhoe) 2011
90 metres Hurdles	13.33 sec. - Alessia Wynne (Ivanhoe) 2019
4 x 100 m Relay	52.70 sec. - Ivanhoe 2019 (M. Darby, R. Shannon, S. Suiter, A. Wynne)
High Jump	1.64 metres - Veronica Kirby (Yarra Valley) 2003
Long Jump	5.83 metres - Alessia Wynne (Ivanhoe) 2019
Triple Jump	10.94 metres - Amy Grimwade (Yarra Valley) 2007
Discus	39.26 metres - Chelsea Ross (Penleigh & Essendon) 2009
Shot Put	11.44 metres - Ebony Hickey (Yarra Valley) 1999

Under 15

100 metres	12.54 sec. - Jamison Harding (Yarra Valley) 2024
200 metres	26.29 sec. - Alessia Wynne (Ivanhoe) 2018
400 metres	59.34 sec. - Claudia Hollingsworth (Mentone) 2019
800 metres	2 min. 21.08 sec. - Matilda Williams (Mentone) 2024
1500 metres	4 min. 47.66 sec. - Matilda Williams (Mentone) 2024
90 metres Hurdles	12.78 sec. - Jamison Harding (Yarra Valley) 2024
4 x 100 m Relay	51.49 sec. - Mentone Grammar 2019 (M. Zahra, A. van Rooyen, R. Raymond, C. Hollingsworth)
High Jump	1.62 metres - Madison Alexander (Penleigh & Essendon) 2014
Long Jump	5.65 metres - Alessia Wynne (Ivanhoe) 2018
Triple Jump	11.46 metres - Alessia Wynne (Ivanhoe) 2018
Discus	34.40 metres - Georgia Maslen (Peninsula) 2009
Shot Put	11.58 metres - Chelsea Ross (Penleigh & Essendon) 2008

Under 14

100 metres	12.89 sec. - Shehana Wijesundara (Penleigh & Essendon) 2018
200 metres	26.57 sec. - Amy Gaylor (Penleigh & Essendon) 2019
400 metres	1 m 01.70 sec. - Chelsea Quilty (Yarra Valley) 2006
800 metres	2 min. 22.50 sec. - Claudia Hollingsworth (Mentone) 2018
1500 metres	4 min. 50.02 sec. - Piper Gay (Penleigh & Essendon) 2022
80 metres Hurdles	12.94 sec. Gemma Whitty (Assumption) 2012
4 x 100 m Relay	53.13 sec. - Penleigh & Essendon 2018 (S. Zahra, S. Wijesundara, I. Webster, V. Papafotiou)
High Jump	1.60 metres - Katherine Ferris (Penleigh & Essendon) 2009
Long Jump	5.22 metres - Alessia Wynne (Ivanhoe) 2017
Triple Jump	11.31 metres - Neha Liyanage (Yarra Valley) 2019
Discus	36.26 metres - Georgia Maslen (Peninsula) 2008
Shot Put	10.63 metres - Georgia Maslen (Peninsula) 2007

Under 13

100 metres	13.27 sec. - Chelsea Quilty (Yarra Valley) 2005
200 metres	27.22 sec. - Anna Laidlaw (Mentone) 2012
400 metres	1 min. 03.01 sec. - Connor Gist (Yarra Valley) 2007
800 metres	2 min. 24.49 sec. - Connor Gist (Yarra Valley) 2007
1500 metres	5 min. 04.89 sec. - Madigan Carroll (Penleigh & Essendon) 2022
80 metres Hurdles	13.75 sec. - Jamison Harding (Yarra Valley) 2022
4 x 100 m Relay	55.21 sec. - Ivanhoe 2016 (B. Michael, A. Mierisch, S. Suiter, A. Wynne)
High Jump	1.56 metres - Alana Mierisch (Ivanhoe) 2016
Long Jump	4.80 metres - Neha Liyanage (Yarra Valley) 2018
Triple Jump	10.52 metres - Neha Liyanage (Yarra Valley) 2018
Discus	30.30 metres - Georgia Maslen (Peninsula) 2007
Shot Put	9.85 metres - Summer Leonard (Mentone) 2017