

Hurdle specifications by age/gender

BOYS EVENTS						
Distance of race (m)	Height of hurdle	Distance to first flight	Distance between flights	Distance to finish	Number of hurdles (flights)	Colour marked on track
U13 80m	76cm	12.0m	7.0m	12m	9	Black
(2.7Kg toppling weight)						
U14 90m	76cm	13.0m	8.0m	13m	9	White
(2.7Kg toppling weight)						
U15/16 100m	84cm	13.0m	8.5m	10.5m	10	Yellow
(2.7Kg toppling weight)						
U17/ Open 110m	92cm	13.72m	9.14m	14.02m	10	Blue
(3.6Kg toppling weight)						
GIRLS EVENTS						
Distance of race (m)	Height of hurdle	Distance to first flight	Distance between flights	Distance to finish	Number of hurdles (flights)	Colour marked on track
U13/14 80m	76cm	12.0m	7.0m	12.0m	9	Black
(2.7Kg toppling weight)						
U15/16 90m	76cm	13.0m	8.0m	13.0m	9	White
(2.7Kg toppling weight)						
U17 / Open 100m	76cm	13.0m	8.5m	10.5m	10	Yellow
(3.6Kg toppling weight)						

(e) Hurdles details:

Boys	Distance metres	Height cm.	Flights	Interval metres	Approach metres	Finish metres
Open, U17	110	92	10	9.14	13.72	14.02
Under 16,15	100	84	10	8.5	13.00	10.50
Under 14	90	76	9	8.0	13.00	13.00
Under 13	80	76	9	7.0	12.00	12.00
Girls	Distance metres	Height cm.	Flights	Interval metres	Approach metres	Finish metres
Open, U17	100	76	10	8.5	13.00	10.5
Under 16,15	90	76	9	8.0	13.00	13.0
Under 14	80	76	9	7.0	12.00	12.0

TROY ROWE
Executive Officer